CWA House Activity Program - August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9.00 Walk Group 9.30 Fit/Wellbeing 10.30 Hoy 12MD Happy Hour 2.00 Relax Color/music 3.30 Quiz	Activities Available in Family room/Reading room
1 9.15 Lutheran Service Activities available in Family Room/ Reading Room	2 8.45 Walk group 9.30 Fit/Wellbeing 10.30 Ten Pin Bowling 1.30 Scrabble/Color 2.30 Quiz	3 9.00 Walk group 9.30Fitness Wellbeing 10.30 Brain train Quiz 2.00 Find a word/color 3.30 Whiteboard	4 9.00 Walk group 9.30 Exercise/ MMM Prog 10.30 Bowls 1.30 Spiritual singing 3.00 Happy Hour	5 9.00 Walk group 9.30Fitness & Wellbeing 10.30residents meeting 2.00Toolbox Meeting 3.30 Quiz	6 9.00 Walk group 9.30Fitness/Wellbeing 10.30 Bingo 12mdHappy Hour 2.00Relax Color/music 3.30 Quiz	7 Activities Available in Family room / Reading room
8 Activities Available in Family Room/ Reading Room	9 8.45 Walk group 9.30Fit/ Wellbeing 10.30Bingo 1.30 Scrabble/Color 2.30White Board	10 9.00 Walk group 9.30Fit/ Wellbeing 10.30 Hookie 1.30 Scrabble/Findaword 3.30 Quiz	11 9.00 Walk Group 9.30Exercise/MMM Prog 10.30 Entertainment 1.30 Songs of Praise 3.00Happy Hour	12 9.30Fit/ Wellbeing 10.30 Golf 2.00 Anglican Service 2.00Toolbox Meeting 3.30 Whiteboard game	13 9.00 Walk group 9.30 Fit/Wellbeing 10.30 Hoy 12md Happy Hour 3.30 Quiz	14 Activities Available in Family Room/ Reading Room
15 Activities Available in Family Room/ Reading Room	16 8.45 Walk group 9.30Fit/ Wellbeing 10.30 Cooking 1.30 Scrabble 2.30White board	17 9.00 Walk group 9.30Fit/ Wellbeing 10.30LutheranServic 2.00 Find a word/color 3.30 Quiz	18 9.00 Walk group 9.30Exercise/MMM Prog 10.30 Bowls 1.30 Songs of Praise 3.00Happy Hour	19 9.00 Walk group 9.30Fit/Wellbeing 10.30 Sing a long 2.00Toolbox Meeting 3.30 Brain trainQuiz	20 9.00Walk group 9.30Fit/ Wellbeing 10.30 Bingo 12mdHappy Hour 2.00Relax Color/music 3.30 Quiz	21 Activities Available in Family Room/ Reading Room
22 Activities Available in Family Room/ Reading Room	23 8.45 Walk group 9.30 Fit/Wellbeing 10.30 Hoy 1.30 Find a Word/color 2.30 Quiz	24 9.00 Walk group 9.30Fit/ Wellbeing 10.30 Uniting Servic 1.30 Scrabble/Color 3.30 Whiteboard	25 9.00 Walk group 9.30Exercise & MMMProg 10.30 Golf 1.30 Songs of Praise 3.00Happy Hour	26 9.00 Walk group 9.30 Fit/Wellbeing 10.30 Hookie FR 2.00 ToolboxMeet 3.30 Brain TrainQuiz	27 9.00 Walk Group 9.30Fit/Wellbeing 10.30 Hoy 12mdHappy Hour 2.00RelaxColor/music 3.30 Quiz	28 Activities Available in Family Room/Reading Room
29 9.00 Walk group 9.30 Fit/Wellbeing 10.30 colouring/music 2.00 Toolbox Meeting 3.30 Brain train Quiz	30 9.00 Walk Group 9.30 finesst/wellbeing 10.30 Bingo 1.30 Scrabble/ board games 3.00 white board games	31 9.00 Walk group 9.30 fitness/wellbeing 10.30 10 pin bowls 1.30 find a word/ colouring 3.00 quiz				