

March 2024

· MONDAY ·

· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

Saturdays- Reading, Puzzles, Craft –Coloring in, Cross words, Family connection time, Music Therapy
Sundays- Songs of Praise, Church services DVD, Family connection time, Relaxation time

10:00am- Movie Time **1**
 1:00pm- Music therapy
 3:00pm- Boardgames and puzzles

9:00am- Group Exercises 4 10:30am- BINGO 12:30pm- Beauty Therapy 1:30pm-Music Therapy 3:00pm- Doll Therapy 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 5 10:30am Craft Session 12:30pm- Quiz Time 3:00pm- Bottle recycling 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 6 10:30am- Garden Walks 12:30pm- Cooking 3:00pm- Gura Gazette Reading 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 7 10:30am BINGO 12:30pm- Creative Arts 3:00pm Program and Newsletter Delivery 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 8 10:00am- International Women's Day Morning Tea 1:30pm- Cards 3:00pm- Music Therapy
9:00am- Group Exercises 11 9:30am- Hairdresser Visit 10:30am- BINGO 12:30pm- Beauty Therapy 1:30pm One on One Activities 3:00pm- Poetry Group Reading 4:30pm-Mail and Newspaper delivery	9:00am- Group exercises 12 10:30am- Church Services 12:30ppm- Quiz Time 2:45pm- Sensory sensation/Massage 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 13 10:30am- Arm Chair Travel to Ireland 12:30pm- Board Games 1:30pm- Treat Trolley 3:00pm- Gura Gazette Reading 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 14 10:30am BINGO 12:30pm- Creative Arts 3:00pm Program and Newsletter Delivery 4:30pm- Mail and Newspaper delivery	10:00am- Movie Time 15 1:00pm- Music therapy 3:00pm- Boardgames and puzzles
9:00am- Group Exercises 18 10:30am- BINGO 12:30pm- Beauty Therapy 1:30pm-Music Therapy 3:00pm- Doll Therapy 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 19 10:30am- Residents Meeting 12:30pm- Quiz Time 3:00pm- Bottle Recycling 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 20 12:00pm- Harmony Week BBQ Lunch 1:00pm Creative arts 3:00pm- Gura Gazette Reading 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 21 10:30am BINGO 1:30pm- Happy Hour 3:00pm Program and Newsletter Delivery 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 22 10:30am- One on One Activities 1:30pm- Cards 3:00pm- Music Therapy
9:00am- Group Exercises 25 10:30am- BINGO 12:30pm- Beauty Therapy 1:30pm One on One Activities 3:00pm- Poetry Group Reading 4:30pm-Mail and Newspaper delivery	9:00am- Group exercises 26 10:00am Special Morning Tea for Holi 12:30ppm- Quiz Time 2:45pm- Sensory sensation/Massage 4:30pm-Mail and Newspaper delivery	9:00am- Group Exercises 27 10:30am- Garden Walks 12:30pm- Board Games 3:00pm- Gura Gazette Reading 4:30pm- Mail and Newspaper delivery	9:00am- Group Exercises 28 10:30am BINGO 12:30pm- Creative Arts- Easter Theme 3:00pm Program and Newsletter Delivery 4:30pm- Mail and Newspaper delivery	10:00am- Movie Time 29 1:00pm- Music therapy 3:00pm- Boardgames and puzzles