

# Apex road April activities program

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>1 Easter Monday/ April fools</b></p>	<p><b>2</b> 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises 9:30am Carroll school kids visit and book reading 10am Morning tea with and the story book quiz with the kids. 1:30pm Story book colouring in Inala &amp; McAuley 2:30pm Ball games in Inala &amp; McAuley</p>	<p><b>3</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10:30am Anglican Church 1:30pm Pamper &amp; Polish McAuley &amp; Inala 2:30pm Pamper &amp; Polish in Lundie 4pm Family facetimes - Lundie</p>	<p><b>4</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am :1 resident exercises in Lundie &amp; Newspaper reading McAuley 10:30am Bingo in the MPR 1:30pm ANZAC Day craft- making poppies in McAuley &amp; Inala 2:30pm Football tipping</p>	<p><b>5</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10:30am Rosemary and friends performance in the MPR 1:30pm Guess the animal visual quiz Inala 2:30pm Program &amp; Mail delivery</p>	<p><b>6</b> Assortment of activities available from care staff</p>	<p><b>7</b> Daylight savings ends please turn your clocks back 1hr</p>
<p><b>8</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10am Exercises in McAuley 10:30am Craft in Lundie &amp; McAuley 1:30pm Ball games in Inala &amp; Cards in McAuley 2:30pm Hand massages Inala &amp; McAuley 3:30pm 1:1 room visits</p>	<p><b>9</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises 10:30am Baptist church 1:30pm Scenic bus trip- Emerald hill 3:30pm 1:1 room visits</p>	<p><b>10</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10:30am Lego brick creation &amp; reminiscing MPR 1:30pm Pamper &amp; Polish McAuley &amp; Inala 2:30pm Pamper &amp; Polish in Lundie 3:15pm Family facetimes - Lundie</p>	<p><b>11</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am :1 resident exercises in Lundie &amp; Newspaper reading McAuley 10:30am Bingo in the MPR 1:30pm Armchair travel craft 2:30pm Sensory activities Inala &amp; McAuley 3:30pm Football tipping</p>	<p><b>12</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises Lundie &amp; family facetimes 10:30am International flight day quiz in the MPR 1:30pm Craft your own paper plane in McAuley &amp; Inala 2:30pm Afternoon movie "The Dish" <b>International space flight day</b></p>	<p><b>13</b> Assortment of activities available from care staff</p>	<p><b>14</b> Assortment of activities available from care staff</p>
<p><b>15</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10am Exercises in McAuley 10:30am Mosaic painting in McAuley &amp; Lundie 1:30pm Multicultural singalong Inala &amp; McAuley 2:30pm 8 interesting inventions &amp; inventors 3:30pm 1:1 room visits</p>	<p><b>16</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises 10:30am Presbyterian Church 1:30pm Fashion show in the MPR 3:30pm 1:1 room visits</p>	<p><b>17</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10:30am Never have I ever game &amp; morning tea in the MPR 1:30pm Pamper &amp; Polish McAuley &amp; Inala 2:30pm Pamper &amp; Polish in Lundie 3:30pm 1:1 room visits 4pm Family facetimes - Lundie</p>	<p><b>18</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am :1 resident exercises in Lundie &amp; Newspaper reading McAuley 10:30am Bus trip to Alkira 1:30pm 2:30pm Sensory activities Inala &amp; McAuley 3:30pm Football tipping</p>	<p><b>19</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises Lundie &amp; family facetimes 10:30am Blank slate word game in the MPR 1:30pm Elvis Presley sing a long 2:30pm Program &amp; Mail delivery</p>	<p><b>20</b> Assortment of activities available from care staff</p>	<p><b>21</b> Assortment of activities available from care staff</p>
<p><b>22</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10am Eucalypts Performance (tba) 1:30pm Succulent tea cups in McAuley &amp; Inala 3:30pm Mother earth day quiz in Lundie lounge</p>	<p><b>23</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises 10:30am Armchair travel to England &amp; St George's day celebrations MPR 1:30pm World book day costume party &amp; book swap in the MPR 3:30pm Shakespeare poetry reading to celebrate his birthday</p>	<p><b>24</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10:30am Folk songs guessing game &amp; singalong 3pm ANZAC Day service in MPR 3:15pm Family facetimes - Lundie 3:30pm Football tipping</p>	<p><b>25</b> Dawn Service: Gunnedah 5.30am at the Cenotaph Memorial, Conadilly Street Anzac Day Service and March: Gunnedah 10.30am from Marquis Street. The official Service begins at 10.45am at the Cenotaph Memorial</p>	<p><b>26</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises Lundie &amp; family facetimes 10am Resident meeting 10:30am Alkira visit to Apex 1:30pm Doris Day sing a long 2:30pm Program &amp; Mail delivery</p>	<p><b>27</b> Assortment of activities available from care staff</p>	<p><b>28</b> Assortment of activities available from care staff</p>
<p><b>29</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises &amp; family facetimes in Lundie 10am Exercises in McAuley 10:30am Craft in Lundie &amp; McAuley 1:30pm Sensory activities Inala &amp; McAuley 2:30pm Hand massages Inala &amp; McAuley 3:30pm 1:1 room visits</p>	<p><b>30</b> 7am 1:1 activities Inala 8am Beauty therapy &amp; Paper delivery in Lundie 9am 1:1 resident exercises 10:30am Catholic church 1:30pm Scenic bus trip to Keep it dam 3:30pm 1:1 room visits</p>					