


Apex road May 2024 activities program

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Card Concentration Game- Inala 10:30am Gods Eye craft McAuley 1pm Alphabet Game in Lundie 1:15pm Card Concentration Game- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm Family facetimes - Lundie	2 8am Paper delivery in Lundie 9am 1:1 resident exercises Lundie 9:15am Newspaper reading McAuley 10:30am Bingo in the Lundie 1pm Football tipping 1:15pm Sensory activities McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm Sensory activities Inala 4pm 1:1 room visits' McAuley	3 9am morning movie in all areas 1:30pm Afternoon exercises Inala 2pm Program & Mail delivery 2:30pm Afternoon movie	4 Assortment of activities available from care staff	5 Assortment of activities available from care staff
6 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Letter Scramble: Days & Months Inala 10:15am Exercises in McAuley 11am Hand massages Lundie 11am Hand massages McAuley 1pm Making wind chimes Lundie 1:15pm Letter Scramble: Days & Months McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	7 8am Paper delivery - Lundie 9:30am 1:1 resident exercises 10:30am Anglican Church 1pm Pamper & Polish in Lundie 1:15pm Pamper & Polish- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	8 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Find the missing Item (whiteboard game)- Inala 10:30am Mother's day craft in McAuley 1pm Gardening in Lundie 1:15pm Find the missing Item (whiteboard game)- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4:15pm Family facetimes - Lundie	9 8am Paper delivery in Lundie 9am 1:1 resident exercises Lundie 9:15am Newspaper reading McAuley 10:30am Bingo in the McAuley 1pm Football tipping 1:15pm Sensory activities McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm Sensory activities Inala 4pm 1:1 room visits' McAuley	10 8am Paper delivery in Lundie 9am 1:1 resident exercises 9:15am Program & Mail delivery 10:30am Rosemary & Friends sing-along in the MPR 1pm 1:1 room visits in Lundie 1:15pm Music for Memory McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits' McAuley 2:30pm Afternoon movie	11 Assortment of activities available from care staff	
13 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Group the picture Inala 10:15am Exercises in McAuley 11am Hand massages Lundie 11am Hand massages McAuley 1pm Paper Calla Lilies- Lundie 1:15pm Group the picture McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	14 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Music for Memory Inala 10:30am Baptist church 1pm Pamper & Polish in Lundie 1:15pm Pamper & Polish- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	15 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am decorating cookies Inala 10:30am Armchair travel craft McAuley 1pm Board games Lundie 1:15pm decorating cookies McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm Family facetimes - Lundie	16 8am Paper delivery in Lundie 9am 1:1 resident exercises Lundie 9:15am Newspaper reading McAuley 10:30am Bingo in the Lundie 1pm Football tipping 1:15pm Sensory activities McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm Sensory activities Inala 4pm 1:1 room visits' McAuley	17 8am Paper delivery in Lundie 9am 1:1 resident exercises 9:15am Program & Mail delivery 10:30am Archery in the MPR 1:30pm Afternoon exercises Inala 2pm 1:1 room visits' McAuley 2:30pm Afternoon movie	18 Assortment of activities available from care staff	19 Assortment of activities available from care staff
20 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am red or black card game Inala 10:15am Exercises in McAuley 11am Hand massages Lundie 11am Hand massages McAuley 1pm Bread Dough Moulding Lundie 1:15pm red or black card game Mc 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	21 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Guess the silhouette game Inala 10:30am Presbyterian Church 1pm Pamper & Polish in Lundie 1:15pm Pamper & Polish- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	22 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Nursery Rhymes Quiz Inala 10:30am International Day for Biological Diversity with Alkira in MPR 1pm Big double crepe daffodils Lundie 1:15pm Nursery Rhymes Quiz McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4:15pm Family facetimes - Lundie	23 8am Paper delivery in Lundie 9am 1:1 resident exercises Lundie 10am The biggest morning tea in the MPR 1pm Football tipping 1:15pm Sensory activities McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm Sensory activities Inala 4pm 1:1 room visits' McAuley	24 8am Paper delivery in Lundie 9am 1:1 resident exercises 9:15am Program & Mail delivery 10:30am Resident meeting in the MPR 1pm 1:1 room visits in Lundie 1:15pm Guess the silhouette game McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits' McAuley 2:30pm Afternoon movie	25 Assortment of activities available from care staff	26 Assortment of activities available from care staff
27 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am Fads of the 1940's & 1950's Inala 10:15am Exercises in McAuley 11am Hand massages Lundie 11am Hand massages McAuley 1pm Sea Shell Picture Frame Lundie 1:15pm Fads of the 1940's & 1950's McAuley 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	28 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am odd word out word game Inala 10:30am Catholic church 1pm Pamper & Polish in Lundie 1:15pm Pamper & Polish- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm 1:1 room visits' McAuley	29 8am Paper delivery - Lundie 9am 1:1 resident exercises 9:15am sorting by colour- Flags of the world- Inala 10:30am Armchair travel to Malta 1pm Cooking in Lundie 1:15pm sorting by colour- Flags of the world- McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm 1:1 room visits Inala 4pm Family facetimes - Lundie	30 8am Paper delivery in Lundie 9am :1 resident exercises Lundie 9:15am Newspaper reading McAuley 10:30am Bingo in the Lundie 1pm Football tipping 1:15pm Sensory activities McAuley 2pm Afternoon exercises Inala 2pm 1:1 room visits in Lundie 3:30pm Sensory activities Inala 4pm 1:1 room visits' McAuley	31 8am Paper delivery in Lundie 9am 1:1 resident exercises 9:15am Program & Mail delivery 10:30am Bus trip to Mullaley 1:30pm Afternoon exercises Inala 2pm 1:1 room visits' McAuley 2:30pm Afternoon movie		