

## Cancellation of Services Policy Reminder

In this newsletter, we aim to clarify our cancellation policy and associated fees to ensure transparency and prevent any misunderstandings. If you or your point of contact, notify us more than 24 business hours in advance, you will not be charged. Cancellations made with less than 24 business hours' notice will incur a fee.

This policy helps us manage our workforce efficiently and aligns with your service agreement and relevant legislation. For more details, please refer to your agreement with McLean Care. If you have concerns about a cancellation charge, please contact us on 1300 791 660 for further assistance.



## Generosity within our Community

Thank you, Yallabee Boutique, for your generous donation of two new hoists. These devices are crucial in residential care homes as they help safely lift and move residents who have limited mobility, ensuring their comfort and safety. Both our residents and staff at Yallabee Residential home greatly appreciate their support.



**Home and Community Services** 1300 791 660 **Independent Living** Inverell: Goodwood Villas & Killean Units. Oakey: Casuarina & Grevillea Units. Millmerran: Turallin, Domville, Clontarf, Kokoda. Gunnedah: Mackellar Retirement Village.

### McLean Care Residential Homes

**Oakey**  
McLean Care at CWA House  
21 Cherry Street  
Oakey QLD 4401  
T: 07 4691 1130

**MILLMERRAN**  
Yallabee  
34-40 Margaret Street  
Millmerran QLD 4357  
T: 07 4695 1580

**GUYRA**  
Kolara  
8 Prisk Street  
Guyra NSW 2365  
T: 02 6779 1922

**GUNNEDAH**  
2 Apex Rd, Gunnedah NSW 2380  
T: 02 6741 5400  
Alkira: 35 Marquis St,  
Gunnedah NSW 2380  
T: 02 6742 9100

**INVERELL**  
Killean  
67 Killean Street  
Inverell NSW 2360  
T: 02 6721 7300



## Slow Cooker Chicken Diane

### Ingredients

8 Chicken thigh cutlets	1 tbsp Worcestershire sauce
2 tsp extra virgin olive oil	1 tbsp Dijon mustard
1 brown onion, finely chopped	200g button mushrooms, thickly sliced
2 garlic cloves, finely chopped	1/2 (375g) packet fresh egg fettucine
2 tbsp cornflour	Chopped continental parsley, to serve
125ml chicken liquid stock	
250ml pouring cream	
180ml tomato passata	

### Method

**STEP 1.** Heat a large non-stick frying pan over high heat. Season the chicken thigh cutlets and place, skin side down, in the pan. Cook for 3 minutes or until golden. Turn and cook for further 2 minutes. Transfer to the bowl of a slow cooker.

**STEP 2.** Drain the rendered fat from the pan and discard. Heat the 2 tsp extra virgin olive oil in the frying pan. Reduce heat to medium-low. Add the 1 brown onion, finely chopped and 2 garlic cloves, finely chopped and cook, stirring often, for 2 minutes or until soft. Add to the slow cooker.

**STEP 3.** Place 2 tbsp cornflour in a large jug and gradually whisk in the 125ml chicken style liquid stock. Add 250ml pouring cream, 180ml tomato passata, 1 tbsp Worcestershire sauce and 1 tbsp Dijon mustard. Add mixture to the to the slow cooker. Cover and cook on Low for 3 1/2 hours. Add 200g button mushrooms, thickly sliced and cook for a further 20 minutes. Add 1/2 (375g) packet fresh egg fettucine and cook for 10 minutes or until tender. Sprinkle with chopped continental parsley, to serve.

Source: Recipe thanks to taste.com.au



Have your say

## Onward&Outward

### Delay to the new Aged Care Act is good news!

In this newsletter edition I wanted to provide you with an important update regarding the proposed New Aged Care Act, which has been a subject of great anticipation and national discussion.

In April this year the Minister for Aged Care, Anika Wells MP, made a significant statement acknowledging the feedback received on the proposed draft legislation. She emphasised the importance of getting this Act right, highlighting it as a once-in-a-generation opportunity for systemic reform in aged care. The Government is considering the feedback received to refine and finalise the draft legislation before it is introduced to Parliament.

It is important to note that the new Aged Care Act was to come into effect from 1 July 2024, however

to allow for more consideration and consultation the Government will update the commencement date before it is introduced to Parliament.

As Acting CEO of McLean Care, I fully understand the anticipation surrounding the introduction of this legislation. It represents a pivotal milestone in our collective mission to enhance the standard of aged care in Australia and deliver services that are truly person-centered. Whilst I understand the mixed reactions to the delay in its introduction, it is crucial to ensure that the final legislation genuinely meets the needs of our ageing population.

I would like to echo the sentiments expressed by ACCPA CEO Tom Symondson, who views this delay as an opportunity for continued engagement with stakeholders, including older people, the community, and the sector. While we all desire to see the legislation passed and implemented as soon as possible, it is important that it is done comprehensively for long term effectiveness and sustainability.

"It is far more important that the legislation and associated requirements be passed when it is ready, than passed to meet the 1 July date." said Mr Symondson. "A staged approach to implementation of these new reforms should also be adopted so providers can effectively manage change within their organisations, their workforce, and engage with their residents and care recipients."

McLean Care remain as always, committed to providing the highest quality of care and support to our residents and clients. We understand the significance of these legislative reforms and will continue to actively engage in the process to ensure that the voices and needs of our community are heard and addressed.

We will keep you informed of any developments regarding the proposed New Aged Care Act and its implications for our organisation.

Thank you for your continued trust and support.

Paul Maher  
Acting Chief Executive Officer

### THIS ISSUE:

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# Celebrating 90 years!

What a fabulous milestone. Joan Stinson from Gunnedah celebrated her 90th birthday with us recently!



## McLean Care Home and Community Services Biggest Morning Tea

Join us at our Biggest Morning Tea at your local McLean Care Home and Community office or donate online to help us reach my fundraising goal! Together, we can help Cancer Council raise much needed funds that go towards vital cancer research, support services, prevention programs, and advocacy. [www.biggestmorningtea.com.au/fundraisers/McLeanCareHCS](http://www.biggestmorningtea.com.au/fundraisers/McLeanCareHCS)



Picture courtesy of Northern Daily Leader  
May-June - McLean Care®

## Enhancing your cognitive abilities with brain teasers

**BEGIN AND END**

Each phrase below is a clue for an answer that begins and ends with the same letter.

1. A continent at the south pole :
2. Payment to stockholders :
3. A word used by magicians :
4. Physical exertion done for fitness :
5. One television show in a series :
6. One who reviews and gives judgements :
7. A brief advertisement :
8. A place for performers :
9. An amount over and above what is needed :
10. A great work of art or literature :
11. A ray of moonlight :
12. An edible seed of a bean plant :
13. Accepting of others :
14. Handwriting skill :
15. Blue-green :

*Some answer ideas: Antarctica, Dividend, Abracadabra, Masterpiece, Moonbeam, Edamame, Embrace, Fenmanship, Exercise, Episode, Critic, Can't get this one, Arena, Surplus,*

## Word puzzle brain teaser

me right	read	o_er_t_o	<b>CHANCE</b>
stefrankin	XQQQME	history history history	Arrest You're
settle	BIG BIG ignore ignore	SO all all all all	<b>COFFEE</b>
time time	<b>HEART</b>	chair	chawhowhorge
NO NO RIGHT	<b>1111</b>	SITTING THE WORLD	ME 1ONE11

*Free for all  
Coffee Break  
Time after time  
Heart break  
High chair  
Who is in charge  
Sitting on top of the world*

*Some answer ideas:  
Read between the lines  
Excuse me  
History repeats itself  
You are under arrest  
Settle down  
Too big to ignore*



## Invitation to join our Consumer Advisory Body

In alignment with the recommendations from the Royal Commission into Aged Care Quality and Safety, McLean Care is excited to announce the formation of our Consumer Advisory Body. This initiative represents a significant step forward in our ongoing commitment to enhancing the quality and safety of our care services.

We are currently inviting expressions of interest from individuals keen to contribute to the shaping of our care delivery by becoming members of the Consumer Advisory Body. This platform is an exceptional opportunity for you to collaborate closely with McLean Care, enabling us to leverage your insights and experiences to foster continuous improvement in our service offerings.

As a member, you will play a crucial role in voicing the perspectives and collective experiences of our consumers. It is vital to us that the Advisory Body is inclusive and mirrors the rich diversity of the McLean Care community.

The core function of the Consumer Advisory Body is to offer constructive feedback to our governing teams, to strengthen our person-centred environment to deliver the highest standards of safety and quality in aged care. Your contributions will directly influence how we uphold excellence in care and service, incorporating the valuable life skills, experiences, and perspectives of our consumers, their families, friends, and representatives.

The establishment of the Consumer Advisory Body reinforces our commitment to enhancing provider governance, in line with the Aged Care and Other Legislation Amendment (Royal Commission Response) Act 2022 and is aimed at bolstering accountability and transparency within the sector.

Topics within the Advisory Body will encompass various aspects of our service, including Food and Dining, Staff, Safety, Feedback and Complaints, and Activities and Recreation.

Selected nominees for the Consumer Advisory Body will be notified by May 3rd, with our inaugural meeting scheduled for Wednesday, May 15th.

The Advisory Body will meet quarterly, and the information gathered from these meetings will provide invaluable assistance in identifying issues and sharing feedback based on your real-life experiences. Your Consumer Advisory Body insights will be reported through to our Board of Directors.

**Expression of Interest Form available here:**  
[www.mcleancare.org.au/wp-content/uploads/2024/04/McLean-Care-Consumer-Advisory-Body.pdf](http://www.mcleancare.org.au/wp-content/uploads/2024/04/McLean-Care-Consumer-Advisory-Body.pdf)

Should you have any questions or require further information, please do not hesitate to contact us via email at [admin@mcleancare.org.au](mailto:admin@mcleancare.org.au)

McLean Care®

# 2024 Loving your later life expo.

Join us for the 60's+ lifestyle expo.  
Friday 31 May Saturday 1 June  
9am - 3pm, TRECC.

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**FREE ENTRY**