December 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 **9.30**-Bingo in AR **9.30**-Walking Group to Back Creek **10.30**-1:1 Time in BR/LT **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR/KL **3.00**-Velcro Ball Darts in AR **4.00**-Gym Session in YL **4.30**-1:1 Time in KL	**2** Hairdresser **9.30**-Exercise Group in AR **10.30**-Shooting Gallery in AR **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in AR **2.00**-1:1 Time **4.00**-Falls Prevention in YL **4.30**-Watering Gardens in KL	**3** **9.30**-Exercise Group in AR/KL **10.30**-Choir Group in AR **10.30**-Chicken Feeding and Watering in KL **1.00**-Relaxation Time in KL **2.30**-Happy Hour in LT **3.00**-Shopping Cart **4.00**-Gym Session in YL	**4** **9.30**-Bingo in AR **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR **3.00**-Ice-Cream Cart	**5** **9.30**-Exercise Group in AR **10.30**-Fiddlesticks in AR **11.45**-Feed, Water and Clean Budgie Cage **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in KL	**6** **Activities Available at all times in AR**
7 **9.30**-Exercise Group in AR/KL **10.30**-Indoor Lawn Bowls in AR **10.30**-Book Club in Library **1.00**-Relaxation Time in KL **2.00**-Christmas Craft in AR **4.00**-Gym Session in YL **4.30**-Chicken Feeding and Watering in KL	**8** **9.30**-Bingo in AR **9.30**-Walking Group to Back Creek **10.30**-1:1 Time in BR/LT **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR/KL **3.00**-Floor Darts in AR **3.00**-Music Club in Library **4.00**-Falls Prevention in YL **4.30**-1:1 Time in KL	**9** **9.30**-Exercise Group in AR/KL **10.30**-Hoy in AR **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in AR **2.00**-1:1 Time **4.00**-Gym Session in YL **4.30**-Afternoon Fun in KL	**10** **9.30**-Exercise Group in AR/KL **10.30**-Naming Game in AR **10.30**-Chicken Feeding and Watering in KL **1.00**-Relaxation Time in KL **2.30**-Happy Hour in LT **3.00**-Shopping Cart **4.00**-Falls Prevention in YL	**11** **9.30**-Bingo in AR **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR **3.00**-Ice-Cream Cart	**12** **9.30**-Exercise Group in AR **10.30**-Cactus Toss in AR **11.45**-Feed, Water and Clean Budgie Cage **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in KL	**13** **Activities Available at all times in AR**
14 **9.30**-Exercise Group in AR/KL **10.30**-Indoor Lawn Bowls in AR **10.30**-Book Club in Library **1.00**-Relaxation Time in KL **2.00**-Shooting Gallery in AR **4.00**-Falls Prevention in YL **4.30**-Chicken Feeding and Watering in KL	**15** **9.30**-Bingo in AR **9.30**-Walking Group to Back Creek **10.30**-1:1 Time in BR/LT **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR/KL **3.00**-Residents Meeting in AR **4.00**-Gym Session in YL **4.30**-1:1 Time in KL	**16** Hairdresser **9.30**-Exercise Group in AR **10.30**-Wii Ten Pin Bowling in AR **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in AR **2.00**-1:1 Time **4.00**-Falls Prevention in YL **4.30**-Watering Gardens in KL	**17** **9.30**-Exercise Group in AR/KL **10.30**-Choir in AR **10.30**-Chicken Feeding and Watering in KL **1.00**-Relaxation Time in KL **2.30**-Christmas Happy Hour in LT **3.00**-Shopping Cart **4.00**-Gym Session in YL	**18** **9.30**-Bingo in AR **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR **3.00**-Ice-Cream Cart	**19** **9.30**-Exercise Group in AR **10.30**-Velcro Ball darts in AR **11.45**-Feed, Water and Clean Budgie Cage **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in KL	**20** **Activities Available at all times in AR**

21 **9.30**-Exercise Group in AR/KL **10.30**-Indoor Lawn Bowls in AR **10.30**-Book Club in Library **1.00**-Relaxation Time in KL **2.00**-Cactus Toss in AR **4.00**-Gym Session in YL **4.30**-Chicken Feeding and Watering in KL	**22** **9.30**-Bingo in AR **9.30**-Walking Group to Back Creek **10.30**-1:1 Time in BR/LT **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR/KL **3.00**-Fiddlesticks in AR **3.00**- Music Club in Library **4.00**-Falls Prevention in YL **4.30**-1:1 Time in KL	**23** **9.30**-Exercise Group in AR/KL **10.30**-Ten Pin Bowling in AR **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in AR **2.00**-1:1 Time **4.00**-Gym Session in YL **4.30**-Afternoon Fun KL	**24** **9.30**-Exercise Group in AR/KL **10.30**-Christmas Cooking in AR **10.30**-Chicken Feeding and Watering in KL **1.00**-Relaxation Time in KL **2.30**-Happy Hour in LT **3.00**-Shopping Cart **4.00**-Falls Prevention in YL	**25** **Christmas Day** 	**26** **9.30**-Exercise Group in AR **10.30**-Shooting Gallery in AR **11.45**-Feed, Water and Clean Budgie Cage **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in KL	**27** **Activities Available at all times in AR**
28 **Boxing Day Holiday** 	**29** **9.30**-Bingo in AR **1.00**-Relaxation Time in KL **2.00**-Exercise Group in AR **3.00**-Floor Darts in AR **4.00**-Gym Session in YL	**30** **9.30**-Exercise Group in AR **10.30**-Indoor Golf in AR **1.00**-Relaxation Time in KL **2.00**-Movie Afternoon in AR **4.00**-Falls Prevention in YL Gym	**31** **9.30**-Exercise Group in AR/KL **10.30-** **10.30**-Chicken Feeding and Watering in KL **1.00**-Relaxation Time in KL **2.30**-Happy Hour in LT **3.00**-Shopping Cart **4.00**-Gym Session in YL			

Breakfast – 8.00am
Morning Tea – 10.00 am
Lunch – 12.00pm
Afternoon Tea – 2.30pm
Dinner – 5.00pm
Super – 7.00pm
Residents Shopping Cart – Thursdays
Hairdresser – Every Second Wednesday
(Program may be subject to change)

December Birthdays

5th Campbell Harber
8th John Antonio
18th Col Baillie

Happy, Happy Birthday
To everyone in December

Legend

AR – Activities Room
B'Lily – Bringalilly
KL – Klodge
YL – Ylodge
B'Creek – Back Creek
LT – Lemon Tree

Wishing All Staff and Residents a Very Merry Christmas to All and a Happy New Year